

I invite your trust by being responsible.

I nurture your trust by being honest.

I have a responsibility to be honest.

Your trust inspires me to be honest.

Since you dore trust me I respect you.

With my honesty I demonstrate my respect.

My respect for you inspires my trust.

I demonstrate my trust by being honest.

My respect for you impels my honesty.

My trust allows me to be honest.

How I place my trust is my responsibility.

With my honesty I recognize my responsibility.

When we realize we have nothing to defend, that we are whole just as we are, then we surrender. When we surrender we become vulnerable, life in all its facets becomes intimate, and we find meaning everywhere. We offer ourselves candidly, accept others fully, loneliness and fear vanish, and love flourishes.