

Near your breastbone there is an open flower. Drink the honey that is all around that flower. - Kabir

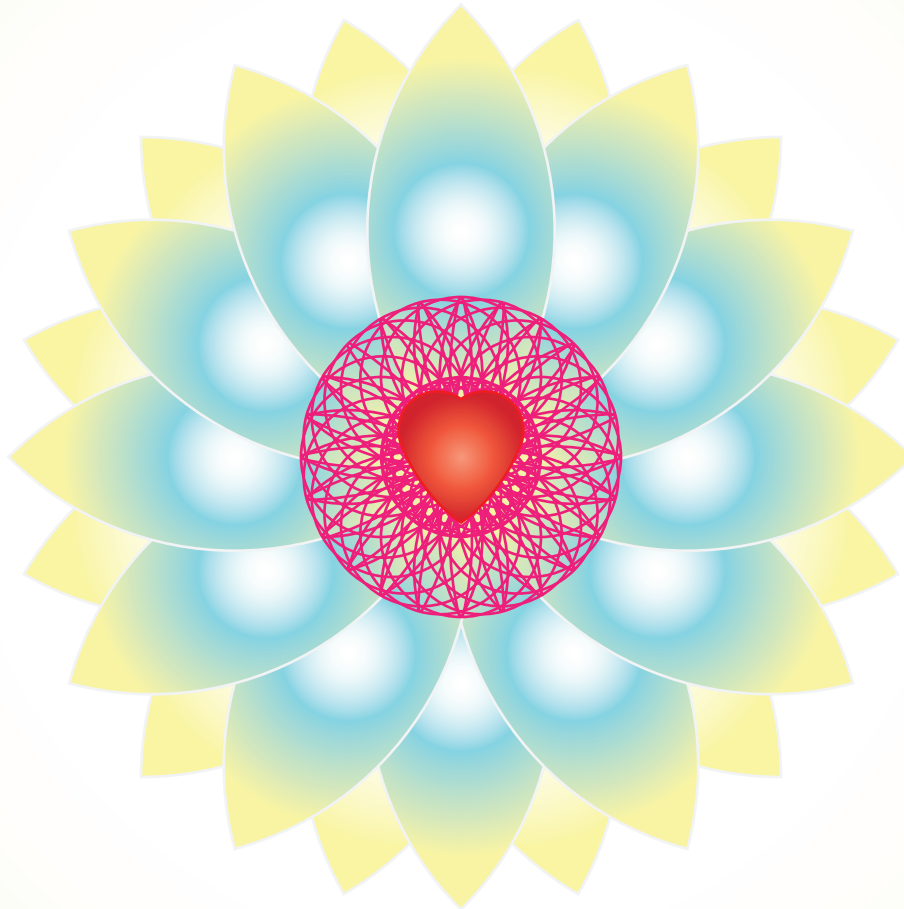
THE HEART OPENS Series: **TRANSFORMATION THROUGH COMPASSION** **Anger and Liberation**

Using the energy from anger to heal your life.

Learn how to understand where anger comes from.

Learn how anger reveals neglected aspects of yourself.

Learn how anger can help you overcome fear and find joy.



Saturday April 13th 1:00 P.M. - 5:00 P.M.

The Meditation Place; 940 Kimbark Ave.; Longmont, CO 80501

(Sign up for multiple sessions and receive a discount.)

\$45.00 (Scholarships Available).

To Register, or for more information, contact:

David Steele, 303.596.6063 david.steele@intransformationaltimes.com

Or Visit www.intransformationaltimes.com/reg/ho-anger-mp-2013.htm

Facilitator, David Steele, poet, writer, and life coach is cofounder of the Rocky Mountain Compassionate Communication Center. He has been deeply involved in personal growth and spiritual awakening practices as both a student and teacher for over thirty years.