

Near your breastbone there is an open flower. Drink the honey that is all around that flower. - Kabir

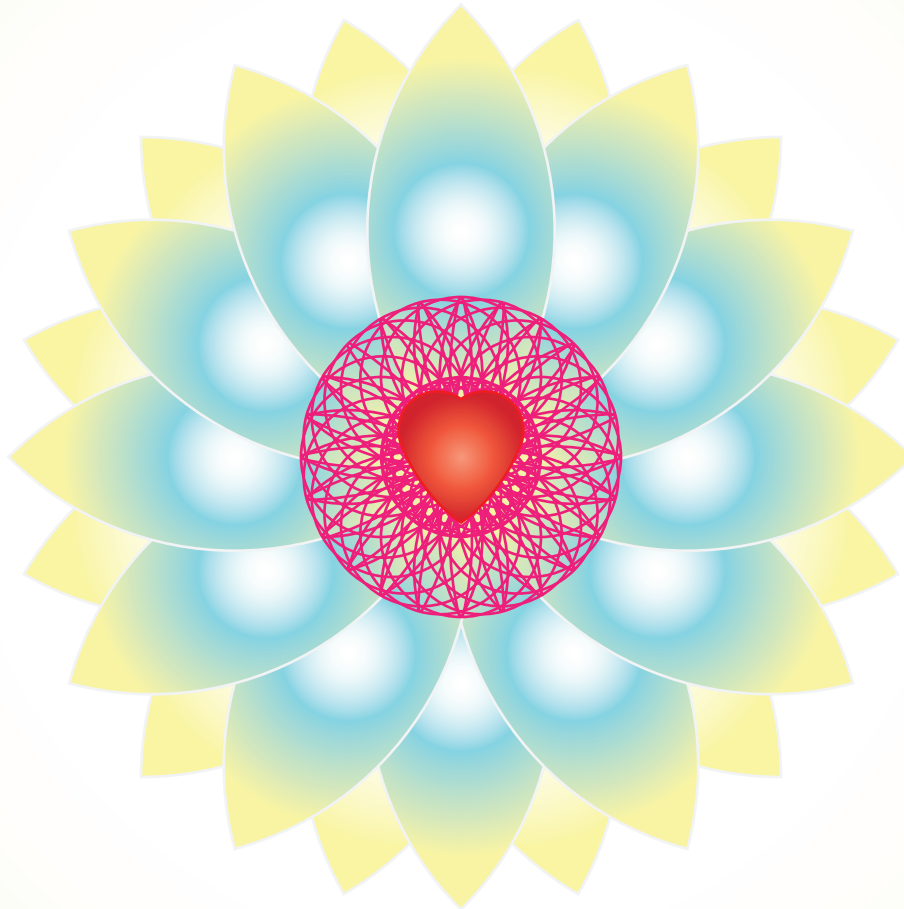
THE HEART OPENS Series: TRANSFORMATION THROUGH COMPASSION

Forgiveness and Gratitude: Embracing your wounds with compassion.

Learn how to relax and release.

Learn how to transform suffering into sacrament.

Learn how to accept and honor yourself as you are right now.



Saturday June 8th 1:00 P.M. - 5:00 P.M.

The Meditation Place; 940 Kimbark Ave.; Longmont, CO 80501

(Sign up for multiple sessions and receive a discount.)

\$45.00 (Scholarships Available).

To Register, or for more information, contact:

David Steele, 303.596.6063 david.steele@intransformationaltimes.com

Or Visit www.intransformationaltimes.com/reg/ho-forgive-mp-2013.htm

Facilitator, David Steele, poet, writer, and life coach is cofounder of the Rocky Mountain Compassionate Communication Center. He has been deeply involved in personal growth and spiritual awakening practices as both a student and teacher for over thirty years.