

Working With Difficult Relationships

Advanced Communication Tools For Transformation
For Students Already Trained In Compassionate Communication Fundamentals



Rich Meaningful Relationships

- Express yourself authentically.
- Resolve differences by connecting.
- Deeply understand others.
- Expose the strength in vulnerability.
- Listen deeply to yourself and others.

Cultivate Peace And Prosperity

- Transform difficulties into opportunities.
- Self-grounding, self-care.
- Bring compassion to the uncomfortable.
- Find freedom in creative interaction.
- Kinesthetic integration with NVC Dance Floors.



Jefferson Unitarian Church; 14350 West 32nd Avenue; Golden, CO 80401
Five Thursdays 6:30-9:00 p.m. April 5th Through May 4th
Tuition: \$249.00

Facilitators:

Ken Rosevear, Jean Bell, David Steele

Information and Registration

Jean Bell 303.906.7416 jbell7431@gmail.com

<http://www.intransformationaltimes.com/reg/bb-04-18.htm>

*"The ear is only a petal that grows from the heart.
When we hear each other, it all becomes a garden"
- Mark Nepo*